

# EXTREME COLD SUPPLIES LIST

- NOAA Weather Radio
- Potable water and a method of purification
- Long-term emergency food storage
- A stove and fuel kit for food prep
- Plasticware and trash bags
- A bug out kit
- Flashlight/ headlamp and extra batteries
- A complete first aid kit
- Prescription medication, if necessary
- Appropriate winter clothes
- Wool blankets/ sleeping bags
- Fire wood, if applicable
- A winter car emergency kit
- Important documents (paper and digital copies)