



Freeze Dried Apple Slices



Serving Suggestion
Photo Enlarged to Show Texture

DIRECTIONS

Add one cup apple slices to one cup water and soak for 15-20 minutes until tender. Use as desired. May be eaten straight from package.

INGREDIENTS

Fuji Apples (treated with ascorbic acid & sodium chloride).

Allergen: None

Nutrition Facts

Serving Size: 1/4 cup (7g)
Servings Per Container: 25

Amount Per Serving	
Calories 25	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 0g	
Vitamin A 0%	Vitamin C 2%
Calcium 0%	Iron 2%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:	Fat 9	Carbs 4	Protein 4

FDA Plant 4909

NET WT 6.17 oz (180 g)

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