

Classic Chili Mix

**POUCH MAKES
8 PREPARED CUPS**

Nutrition Facts

Serving Size 2 cups (108g)
Servings Per Container 4

Amount Per Serving

Calories 360 Calories from Fat 20

% Daily Value*

Total Fat 2g	3%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 1170mg	49%
Total Carbohydrate 70g	23%
Dietary Fiber 19g	77%
Sugars 10g	
Protein 20g	

Vitamin A 15% • Vitamin C 45%
Calcium 10% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

DIRECTIONS

For 4 servings bring 8 cups water to boil. Slowly whisk in entire package. Reduce heat to a medium boil. Cook for 12-15 minutes. Remove from heat let sit 3-5 minutes.

For 2 servings bring 4 cups water to boil. Shake unopened pouch, then slowly whisk in 1/2 of the package. Reduce heat to a medium boil. Cook for 12-15 minutes. Remove from heat let sit 3-5 minutes.

INGREDIENTS

Pinto Bean, Black Bean, Tomato, Corn, Onion, Sea Salt, Corn Starch, Sugar, Chili Pepper, Autolyzed Yeast Extract, Red Bell Pepper, Garlic, Maltodextrin, Spice, Celery, Jalapeno, Red Pepper, Natural Flavor.

ALLERGENS: None.

This product is produced on equipment that also processes products containing Egg, Soy, Milk, Tree Nuts and Peanut.

- NON GMO
- No Trans Fats
- Vegetarian
- Low Cholesterol
- Uses Sea Salt
- Gluten Free

Made in the USA

